



Handle your health anytime, anywhere.

At home or on the go, your secure member portal provides access to a hassle-free healthcare experience.



Whether you need to:



Schedule an appointment for a new health concern



Get virtual care for cold or flu symptoms



Check your results from recent bloodwork



Message your provider that question you forgot to ask



Request a refill for medication that's running low



View your vaccine records before your big trip



My Premise Health makes it easy to do all this and more.



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