

01.

SYDNEY HEALTH - ANTHEM



To get started, click the QR code with your phone camera, or visit sydneyhealth.com and click on "Register New Account." Follow the prompts to set up a new account. Once you access your new account, you can find your ID card at the top of the welcome screen. Simply click "ID Cards"

02.

EXPRESS SCRIPTS BY EVERNORTH



Scan the QR code with your phone camera, or visit express-scripts.com and click the "Register Now" to get started. Fill out a few simple data fields, click through to create an account. Once your account is set up, click "More" in the bottom right hand corner. Then select "Prescription ID Card".

03.

DELTA DENTAL



Scan the QR code with your phone camera, or visit deltadental.com and click the "Register" button to get started. Fill out a few simple data fields, click through to create an account. Once your account is active, you will see your Member ID card info upon logging in.

04.

VSP - MY VSP



Scan the QR code with your phone camera, or visit vsp.com and click the "New Here? Create an Account" button to get started. Fill out a few simple data fields, click through to create an account. Once you have logged in, you will click "Member ID Card" under My Dashboard.

05.

QUESTIONS ?



If you have questions accessing any of your ID cards, please visit our website at shpoptimalhealth.com or call our office at 740.354.0238. We are happy to help you in setting up your accounts or we can request a paper ID card be sent to your home.