



It's Time to Schedule Your HRA with Scioto Advantage

HOW TO EARN \$150 WELLNESS CREDIT TO YOUR 2023 MEDICAL PLAN DEDUCTIBLE

Step 1:

Complete a Health Risk Assessment (HRA) between 1/1/22 - 9/30/22.

Step 2:

Complete your HRA follow-up lab review between 1/1/22 - 9/30/22.

Completing your HRA is an important first step on your path of wellness and preventive healthcare. The HRA and Follow-up will give your healthcare team opportunity to discuss a plan of action and give you all the tools you'll need. Both the HRA is FREE to employees & spouses enrolled in the Scioto Health Plan.

Please note: Authorization is required to share your wellness incentive information with your employer.
REMEMBER DRINK PLENTY OF WATER AND NO OTHER BEVERAGES FOR AT LEAST 10 HOURS BEFORE THE HRA

How do I check my incentive status?

You can review your incentive status within My Premise Health. Once signed in, simply click on the "Incentives & Wellness" icon. Your "earned" incentives are indicated by a yellow star.

Schedule your appointment to get started.

Download the My Premise Health app or visit mypremisehealth.com. Sign in or click "Sign up now" to create your account. Once logged in, click "Schedule an appointment" and select "Biometric Screening Visit."

Schedule & complete your HRA at one of the following locations:

Scioto Advantage Health & Wellness Center (New Boston)
740.736.5211

Scioto Advantage Assisted Virtual Center (Paint Valley)
740.736.5211

