It's time to schedule your yearly biometric screening and follow up.



## How to earn a \$150 wellness credit toward your 2025 medical plan deductible:

Complete your biometric screening and follow-up lab review at one of the Scioto Advantage Health & Wellness Centers between 1/1/2024 - 9/30/2024.



### Why do I need a biometric screening?

It is a preventive step you can take to better understand your health. Your results can also give your care team the opportunity to determine the right care for your needs.



### How do I check my incentive status?

You can review your incentive status within My Premise Health. Once signed in, simply click on the "Incentives & Wellness" icon. Your "earned" incentives are indicated by a yellow star.

#### Who can use these services?

Biometric screenings are free to employees and their spouse enrolled in the Scioto Health Plan.

## Schedule your appointment to get started.

Download the My Premise Health app or visit mypremisehealth.com. Sign in or click "Sign up now" to create your account. Once logged in, click "Schedule an Appointment" and select "Biometric Screening Visit."

# Schedule and complete your biometric screening at one of the following locations:

Scioto Advantage Health & Wellness Center (New Boston) (740) 736-5211

Scioto Advantage Assisted Virtual Center (Paint Valley) (740) 736-5211

**Please note:** Authorization is required to share your wellness incentive information with your employer. Remember to drink plenty of water and consume no other beverages or food for at least 10 hours before your biometric screening.

