

It's time to schedule your yearly biometric screening.



How to earn a \$150 wellness credit toward your 2026 medical plan:
Complete your biometric screening and provider review at any Scioto Advantage Health & Wellness Center between **1/1/2025 - 9/30/2025**.



Why do I need a biometric screening?

It is a preventive step you can take to better understand your health. Your results can also give your care team the opportunity to determine the right care for your needs.



How do I check my incentive status?

You can review your incentive status within My Premise Health. Once signed in, simply click on the "Sonic Boom Wellness" icon. Under "Currencies", you can check your progress.

Who can use these services?

Biometric screenings are free to employees and their spouses enrolled in the Scioto Health Plan.

Schedule your appointment to get started.

Download the My Premise Health app or visit mypremisehealth.com. Sign in or click "Sign up now" to create your account. Once logged in, click "Schedule an Appointment" and select "Biometric Screening Visit."

Schedule and complete your biometric screening and follow up at one of the following locations.

New Boston: 4879 Rhodes Avenue, New Boston, OH
Paint Valley: 7454 US Hwy 50, Bainbridge OH (Inside Paint Valley High School)
(740) 354-0292

Please note: Authorization is required to share your wellness incentive information with your employer. Remember to drink plenty of water and consume no other beverages or food for at least 10 hours before your biometric screening.

